

Physical Education: Activity Programme Planner

	Term 1 (7 Weeks)	Term 2 (8 Weeks)	Term 3 (6 Weeks)	Term 4 (6 Weeks)	Term 5 (5 Weeks)	Term 6 (7 Weeks)
YN	EYFS – Fundamental Movement Skills	Dance	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Dance
YR	EYFS – Fundamental Movement Skills	Dance	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Dance
Y1 & Y2	Speed, Agility, Quickness (SAQ)	Speed, Agility, Quickness (SAQ)	Gymnastics	Gymnastics	Throwing & Catching	Throwing & Catching
	Gymnastics	Games	Dance	Gymnastics	Dance	Athletics
Y3 & Y4	Invasion Games: Basketball	OAA Orienteering	Net/Wall (CT 2)	Swimming	Swimming	Swimming
	Net/Wall (Core Task 1)	Gymnastics	Invasion Games – On the Attack	Gymnastics	Dance	Athletics
Y5 & Y6	Invasion Games: Hockey	OAA Orienteering	Creative Games	Gymnastics	Dance	Athletics
	Net/Wall - Badminton	Gymnastics	Net/Wall - Tennis	Strike & Field: Rounders	Invasion Games: Rugby	OAA Orienteering Teamwork and Problem Solving
After School Club	Table Tennis (KS2)	Tri Golf (KS2)	Tag Rugby (KS2)	Gymnastics (KS1)	Dance (KS1)	Intro into Invasion Games (KS1)

Purple – delivered by Rochdale AFC

Blue – classroom teacher